13-year-old Sara Swanson already has a lot on her mind. Overprotective parents who still treat her like she's five. An alien-obsessed kid brother who constantly eavesdrops on her conversations. A super-sized bus bully named Harold Kingston who is the bane of her existence. Not to mention her two greatest fears: cute boys and full-length mirrors.

The last thing she needs is her best friend, her confidante, and her rock, (a.k.a. Jennifer Hamilton), to fall apart. But fall apart she does, thanks to the ghost of Jenny's Aunt Caroline and the painful family secrets her appearance brings to light.

Time for self-conscious Sara to take the lead and get to the bottom of the eerie visitations. But will she be able to step outside of her miniscule comfort zone long enough to get the job done?

_Sheryl is also publishing a trilogy of non-fiction books about her experiences with an eating disorder. Her next fiction series is centered on the way in which “witches” have been treated throughout history, as a pair of tweens learn about history through a magic book._